

Developmental Goals Worksheet

Use this worksheet to identify and track developmental and behavioural goals for your child.

Child Profile

Name: _____

Age: _____ Date: _____

Diagnosis / Notes: _____

Current Strengths

What does your child do well? What brings them joy?

Areas to Work On

Communication:

Social & Emotional:

Behavioural:

Academic / Cognitive:

Goal Setting Table

Short-Term Goals (0-3 months):

1. _____

2. _____

3. _____

Long-Term Goals (3-12 months):

1. _____

2. _____

3. _____

Notes

Additional observations, questions for your practitioner, or reflections:
