

RPM Home Practice Checklist

A weekly checklist to help parents maintain consistent RPM practice between sessions.

Daily Practice Log

Mark each day you practised and note the topic covered.

Monday Topic: _____

Tuesday Topic: _____

Wednesday Topic: _____

Thursday Topic: _____

Friday Topic: _____

Saturday Topic: _____

Sunday Topic: _____

Prompting Tips Reminder

- * Keep your voice calm, steady, and engaging throughout the session.
- * Present information at a good pace -- not too fast, not too slow.
- * Use the letterboard consistently; hold it steady for your child.
- * Give your child time to process before repeating a prompt.
- * Stay positive -- effort matters more than accuracy at this stage.
- * End each session on a high note.

Communication Wins Tracker

Record any moments of communication this week -- big or small.

Win 1: _____

Win 2: _____

Win 3: _____

How did your child seem this week (circle): Engaged / Distracted / Calm / Tired

Notes for Next Session

What do you want to share with your practitioner?

Topics to try next week: _____

